

## Neurodevelopmental Behaviour Support (NBS)

# Parent/Carer Support Group for ADHD/AUTISM

A parent and carers support group. A safe space to discuss your child or family's needs regarding behaviours that are indicative of Autism and/or ADHD.

**No diagnosis required.**

Experienced staff are on hand for a chat and to offer support and advice, alongside the opportunity to meet other parents/carers with similar experiences.

*The support group is for parents and carers only. If you need to bring children, we cannot offer any supervision and they will remain your responsibility during the session*

**Drop in and visit us at any of the following venues and stay as little, or long as you like.**

**Bingham Children's Centre, Eaton Place, Bingham, NG13 8BE**  
**Wednesdays 13:00 - 15:00** Alternate Months with Candleby Lane School  
7<sup>th</sup> December, 8<sup>th</sup> February, 19<sup>th</sup> April, 7<sup>th</sup> June

**Cotgrave Candleby Lane School, Candleby Lane, Cotgrave, NG12 3JG**  
**Wednesday 13:00 - 15:00** Alternate Months with Bingham  
11<sup>th</sup> January, 8<sup>th</sup> March, 10<sup>th</sup> May

**Albany Infants School, Grenville Dr, Stapleford, NG9 8PD**  
**Tuesdays 13:00 - 15:00**  
13<sup>th</sup> December, 24<sup>th</sup> January, 28<sup>th</sup> February, 21<sup>st</sup> March, 25<sup>th</sup> April, 23<sup>rd</sup> May, 13<sup>th</sup> June

**Daybrook Medical Practice, Salop St, Daybrook, NG5 6HP**  
**Tuesdays 09:30 - 11:30**  
13<sup>th</sup> December, 17<sup>th</sup> January, 21<sup>st</sup> February, 14<sup>th</sup> March, 25<sup>th</sup> April, 16<sup>th</sup> May, 13<sup>th</sup> June

**Kirkby East Children's Centre, The Summit Centre, Kirkby in Ashfield, NG17 7LL**  
**Wednesdays 09:30 - 11:30**  
14<sup>th</sup> December, 25<sup>th</sup> January, 22<sup>nd</sup> February, 22<sup>nd</sup> March, 26<sup>th</sup> April, 24<sup>th</sup> May, 14<sup>th</sup> June

**Mansfield Woodhouse Children's Centre, Swan Lane, NG19 8BT**  
**Thursdays 09:30 - 11:30**  
15<sup>th</sup> December, 12<sup>th</sup> January, 9<sup>th</sup> February, 16<sup>th</sup> March, 20<sup>th</sup> April, 18<sup>th</sup> May, 8<sup>th</sup> June

**Hawtonville Children's Centre, Bowbridge Rd, Newark, NG24 4EG**  
**Tuesdays 13:00 - 15:00**  
6<sup>th</sup> December, 10<sup>th</sup> January, 7<sup>th</sup> February, 7<sup>th</sup> March, 18<sup>th</sup> April, 9<sup>th</sup> May, 6<sup>th</sup> June

For updated dates email - [FamilyServiceNBSDropInGroup@nottsc.gov.uk](mailto:FamilyServiceNBSDropInGroup@nottsc.gov.uk)  
For general enquiries email - [familyservices@nottsc.gov.uk](mailto:familyservices@nottsc.gov.uk)

